Subject: i hate my mother
Posted by 123456 on Wed, 08 Apr 2015 12:01:24 GMT
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16 yrs girl now has a family and two children. She also behaved as the disloyalty child and lack of thought. she now has understand how her mother feeling when hearing her to cry heavily and say three words "I hate you".
She's several years ago is kept intact in the original diary ...
Perhaps this statement is uttered elated but she couldn't stand anymore. When she was child,she saw her brother disrespect to her mother, he had to run back to her mother whispering in her ear: "I will never like him anywhere, I love you so much".But ... when she grown up, she had different thoughts, she understand why her brother behaved like that. She didn't dare her mother, when her mother scolded, she just quietly go to room, sometimes moderating,she just cried. When she was older, she didn't say anything but attitude was very clear. She answered jerkily,didn't say anything. She wanted her mother to know that she was very sad and angried her mother but she did not understand.
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Subject: Re: i hate my mother
Posted by kimkerry on Wed, 09 Dec 2015 07:50:06 GMT
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Being human we all will have felt this emotion at some point in our life. Hate can never be held, it's either released or it destroys the heart where it resides. Holding hate, only leaves destruction. This is because hate is anger's second to last step in the march of personal destruction.

Subject: Re: i hate my mother
Posted by toptoy on Mon, 04 Jan 2016 19:17:37 GMT
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one day you'll be sorry that you created this post. we don't choose our parents. And no matter what has gone wrong you always have to thankful that they gave you life., educated you, cared you. this is all that you should really know. you'd better apologise while your parents are still alive...

Subject: Re: i hate my mother
Posted by lisame on Thu, 07 Jan 2016 12:10:02 GMT
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You know, it's quite difficult to respond to such a difficult situation in a few words.
Of course, you would be good to meet with the psychologist internally since you continue to live with this pain inside your heart and inside your mind, and the situation will get worse and worse. The solution of the problem is rather long and complicated process. At that, depending on the

opinions and behavior of the parent that you describe, you need specialist support in the process of resolving the problems.

In addition, I have many questions, like how was your relationship with the mother before? What do you want to get away from the situation. Freedom? Ward? Help? Independence? Do you want to build a new family?

In any case, it is important to you to learn how to defend these borders and your viewpoint, in advance, of course, precisely define it. Of course, it's good to be good for everyone, but it destroys you as a personality. And after 20 to 30 years, it is more difficult to change. It's better now to talk with a psychologist.
Take care of yourself.
