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Subject: How To Get Back Your Ex Girlfriend

Posted by [jayden1](#) on Thu, 02 Jun 2016 17:48:43 GMT

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1. You should not beg her to come back. Do not chase after her. Agree with the breakup and let her go. You should never ever beg her to come back. Begging destroys attraction and it will only make your ex feels that she had made the right decision to leave you.
  2. Get rid of all negative thoughts. After a breakup, it is common for you to feel hurt and negative. However, if you want to get back with your ex girlfriend, you need to purge all the negative thoughts and emotions. Remember: every day, couples get back together regardless of the situation. Your situation is not hopeless.
  3. Work on yourself. Instead of chasing your ex girlfriend, work on yourself to become more attractive. Go to the gym or take additional classes to enhance yourself. By working on yourself, you will also meet new people and lead a good social life.
  4. Practice gratitude. A breakup is not the end of the world. There are other good things in your life and it is important to appreciate them. Start every morning by counting the important things you still have with you, like career, family, friends, etc. Be grateful for them.
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Subject: Re: How To Get Back Your Ex Girlfriend

Posted by [lshaw](#) on Fri, 26 Aug 2016 09:28:54 GMT

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Give up her and find a new one, then show her how u are happy with your new girlfriend.

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Subject: Re: How To Get Back Your Ex Girlfriend

Posted by [Samarth](#) on Mon, 17 Oct 2016 05:39:07 GMT

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Be happy, women like the men who are happy all the time.  
Be confident about your life  
Be calm and caring

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Subject: Re: How To Get Back Your Ex Girlfriend

Posted by [Jaryd22](#) on Mon, 13 Feb 2017 17:59:38 GMT

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The only time ive seen a girl come running back, is when you literally just stop contacting them and even when they come back you still are massively indifferent to the point of ignoring, or just straight up ignoring. But waiting for that to happen is still a mugs game.

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Subject: Re: How To Get Back Your Ex Girlfriend  
Posted by [relationships tips](#) on Thu, 01 Jun 2017 11:37:45 GMT  
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To get her back you should

1. repeat the happiest moments that you have spent together.
2. make her believe in you again.
3. show her that how much you love her.

Visit, DawgHoused for more practical solutions in relationships.

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Subject: Re: How To Get Back Your Ex Girlfriend  
Posted by [Solomon White](#) on Wed, 25 Nov 2020 20:16:05 GMT  
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In order to figure out how forget about your ex lover and find the one, you need to take control of your life. Do not go searching for your soul mate as you will most likely never find that person. On the contrary, look to find your true essence and your soul mate will find you!

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